

OTTER TRAIL GUIDE

TIDES NOV 2025

DAY 1

HUT: Ngubu
DISTANCE: 4.8 km
TIME: 3.5 hours

NOTES:
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

DAY 2

HUT: Scott
DISTANCE: 7.9 km
TIME: 5.5 hours

NOTES:
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

DAY 3

HUT: Oakhurst
DISTANCE: 7.7 km
TIME: 5.5 hours

NOTES:
Keep costume and sandals close to hand for two river crossings.

DAY 4

HUT: Andre
DISTANCE: 13.8 km
TIME: 8 hours

NOTES:
Major river crossing at Bloukraans River*. See Profile Map below.

DAY 5

HUT: De Vasselot
DISTANCE: 8.8 km
TIME: 3 hours

NOTES:
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

Please note: This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low tide
1	0528	1856	0030	1304	0647	1917
2	0527	1857	0121	1344	0727	1956
3	0526	1858	0205	1423	0804	2035
4	0526	1859	0246	1503	0841	2113
5	0525	1900	0327	1543	0918	2152
6	0524	1900	0408	1625	0957	2232
7	0523	1901	0449	1706	1037	2312
8	0522	1902	0530	1749	1120	2353
9	0521	1903	0613	1835	1208	----
10	0520	1904	0701	1926	0037	1303
11	0519	1905	0802	2033	0126	1421
12	0519	1906	0946	2220	0231	1645
13	0518	1907	1132	2352	0426	1809
14	0517	1908	1232	----	0600	1859
15	0517	1909	0051	1315	0652	1936
16	0516	1910	0136	1350	0730	2007
17	0515	1911	0214	1422	0802	2035
18	0514	1912	0248	1452	0832	2103
19	0513	1913	0320	1521	0901	2131
20	0512	1914	0350	1551	0931	2159
21	0512	1915	0420	1620	1001	2228
22	0511	1916	0449	1650	1032	2257
23	0511	1917	0518	1721	1104	2328
24	0510	1918	0550	1754	1139	----
25	0510	1919	0625	1832	0001	1219
26	0510	1920	0710	1919	0039	1309
27	0510	1921	0810	2021	0127	1417
28	0509	1922	0938	2146	0229	1552
29	0509	1923	1107	2322	0358	1728
30	0509	1924	1211	----	0534	1832

THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. www.theotter.co.za

